

33rd Annual Junior Powder Puff Regatta

Metedeconk River Yacht Club

July 8, 2016

Sailing Instructions

1. RULES

- 1.1 The regatta will be governed by *The Racing Rules of Sailing* (RRS).
- 1.2 RRS 61 is changed to require a competitor to inform the race committee's finish boat of her intention to protest, including the sail number of the protested boat, immediately after finishing.
- 1.3 RRS 63.7 is replaced with: "If there is a conflict between a rule in the Notice of Race and one in the Sailing Instructions, the sailing instructions shall apply."

2. NOTICE TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the first floor of the club.
- 2.2 Any change to the sailing instructions will be posted not less than 30 minutes before the harbor start on the day the changes take effect.

3. SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole located in the front of the club. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered. This changes RRS Race Signals.
- 3.2 The harbor start will be signaled by a long horn approximately 30 minutes before the first morning race.

4. SCHEDULE

- 4.1 Multiple races are scheduled for all classes. One race constitutes a regatta. No warning signal will be made after 1500.
- 4.2 The racing schedule is as follows:

Registration	0800 - 0915	Main clubhouse
Contestants' Meeting	0930	Front lawn
Harbor Signal	1000	
First warning signal	1030	
- 4.3 There will be a single start for the Optimist Red/Blue Course.
- 4.4 The Club 420, FEVA, Laser Radial, Laser 4.7, and Sunfish will start in this order.

5. RACING AREA

See Racing Course Chart.

6. SAFETY

- 6.1 All boats must conform to their class rules and any applicable safety or measurement rules, and are subject to inspection by the organizing authority race committee or judges at any time during the event.
- 6.2 A boat that retires from a race or does not start a race shall notify a race committee boat or patrol boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.
- 6.3 Personal Flotation Devices shall be worn at all times from dock to dock, fully fastened. This changes RRS 40 and the Part 4 preamble.

7. COURSES AND MARKS

- 7.1 The course will be designated by a placard or by letter on a white board aboard each committee boat. The marks will be described at the Competitor's Meeting.
- 7.2 The diagrams in Addendum 1 with the identifying letters below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.3 Course W Modified* Windward / leeward.
Course T Modified* Triangle.
Course O Modified* Olympic – Triangle followed by windward, leeward, windward.
 - * - The start and finish line will be located approximately 1/3 length of the weather leg from the leeward mark.
- Course 2 Special Opti Course.
- 7.4 The identifying letter of the course selected will be displayed from the race committee signal boat before or with the warning signal for each class.
- 7.5 The number "2" displayed next to or beneath the course letter means twice around.

8. STARTING AND FINISHING LINES; STARTING SYSTEM

- 8.1 The starting and finishing lines will be as described at the Competitor's Meeting. The Sound Signal Starting System of Appendix S will be used except that sounds for 5, 4, 3, 2, & 1 second may be omitted.
- 8.2 A boat shall not start later than 2 minutes after her starting signal.
- 8.3 After starting and before finishing, a boat shall not sail through the start or finish line.
- 8.4 RRS 30.1 I Flag Rule will be in effect for all starts.

9. TIME LIMIT

The time limit for each race will be one hour for the first boat to finish. Boats finishing more than 15 minutes after the first boat that sails the course and finishes will be scored DNF. This changes RRS 35.

10. PROTESTS

- 10.1 A boat intending to protest must inform the race committee finish boat of her intention to protest, including the sail number of the protested boat, immediately after finishing. This changes RRS 61.

- 10.2 Protest Forms are available at the race office. Protests and requests for redress shall be delivered there within 30 minutes after the signal boat docks.
- 10.3 Hearings will be held as soon as possible after racing. The format will be an open hearing.

11. SCORING

The low point scoring system of Appendix A will apply. If more than three races are completed, each boat's worst score will be excluded from her series score. This changes RRS A2.

12. PRIZES

- 12.1 Prizes will be given to commensurate with the number of entries.
- 12.2 The Jr. Powder Puff Sportsmanship Award is presented to a participant who in the judgment of the Jr. Powder Puff Committee, instructors, and race committee has shown outstanding dedication and graciousness, in the sport of sailing.
- 12.3 The Founders Award is presented to the top Metedeconk River Yacht Club sailor.

13. RESPONSIBILITY FOR SAFETY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The organizers (organizing authority, race committee, protest committee, host club, sponsors, and any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race officers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

14. COACHING and SUPPORT BOATS

- 14.1 Except for the Opti Green Fleet, coaching is not permitted while a boat is *racing*. Team Leaders, coaches and all other support personal shall not enter the racing area during the period beginning 3 minutes before the start of any race and ending after the finish of the last boat, or when the RC signals a postponement, general recall or abandonment.
- 14.2 All support boats shall comply with instructions from the Race Committee.
- 14.3 All support boats shall obey requests of Official Safety Boats, relating to the location of Support Boats with respect to competitors. The Race Committee may request assistance from Support Boats without any penalty. This changes RRS 41.
- 14.4 All spectator boats shall remain outside the perimeter of the racing course at all times.

15. ENVIRONMENT

Discharge of trash into the water by competitors, support boats, race committee or protest committee is prohibited.